

WHO SHOULD BE SCREENED FOR LUNG CANCER?



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50 YEARS OF AGE OR OLDER WITH AT LEAST A 20 PACK-YEAR OR A 20-YEAR HISTORY OF SMOKING CIGARETTES¹

A pack-year is a way to measure how much a person has smoked over time. It's calculated by multiplying the number of packs of cigarettes smoked per day by the number of years smoked.¹ A pack is about 20 cigarettes.² **Simply smoking for 20 years**, regardless of number of packs, also qualifies a person for screening.¹

Ask your healthcare provider if you qualify for lung cancer screening.

If you qualify, your healthcare provider will discuss next steps with you. Screening guidelines are changing, so don't be afraid to ask questions. As guidelines expand, coverage may vary. Check with your insurance or ask about self-pay options.

Finding lung cancer early can make a difference!¹

References: 1. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Lung Cancer Screening V.1.2026. © National Comprehensive Cancer Network, Inc. 2025. All rights reserved. Accessed November 5, 2025. To view the most recent and complete version of the guideline, go online to [NCCN.org](https://www.nccn.org). NCCN makes no warranties of any kind whatsoever regarding their content, use or application and disclaims any responsibility for their application or use in any way. 2. American Cancer Society. Can Lung Cancer Be Found Early? Accessed November 5, 2025. [https:// www. cancer.org/cancer/types/lung-cancer/detection-diagnosis-staging/detection.html](https://www.cancer.org/cancer/types/lung-cancer/detection-diagnosis-staging/detection.html)



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Causes of Lung Cancer



Lung Cancer Screening & Prevention



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Firefighters, Veterans, and Lung Cancer



COPD (Chronic Obstructive Pulmonary Disease)



Take this screening quiz SAVED BY THE SCAN

Saved By The Scan is a campaign by the American Lung Association to raise awareness about lung cancer screening.



