

AstraZeneca HealthCare Foundation's
Connections for Cardiovascular HealthSM
 2016 Foundation Grant Awardees

Recipient Organization	Program Description	Grant Amount
Catherine's Health Center in Grand Rapids, MI	"Whole Hearts" aims to combine outreach, education and screening to identify individual risk factors with team-based, patient-centered care and on-site counseling, treatment and support for underlying mental health issues to help low-income, underserved individuals overcome complex obstacles and achieve better cardiovascular and overall health outcomes.	\$171,239
City Health Works in New York City, NY	"Extending care for hypertension beyond the confines of the healthcare system via neighborhood-based coaching integrated with primary care" aims to scale up a novel, evidence- and community-based health coaching model (motivational interviewing and self-management skills focused on chronic disease, diet, physical activity and medication adherence) that is tightly coordinated with primary care providers and links with local services, in order to sustainably improve hypertension control, reduce cardiovascular disease-related health disparities and demonstrate that the model is replicable and impactful in diverse settings.	\$178,809
El Sol Neighborhood Educational Center in San Bernardino, CA	"Mi Corazon, Mi Salud / My Heart, My Health" aims to improve cardiovascular health among Latinos and African Americans by implementing a promotor-led and community-driven project designed to change knowledge, attitudes, skills and behaviors associated with cardiovascular health through increased screening, education, treatment and healthy lifestyle support, care coordination and health navigation.	\$176,250
The Gaston & Porter Health Improvement Center Inc. in Washington, D.C.	"Prime Time Sister Circles® (PTSC): An Effective Intervention to Enhance Control of Hypertension in Mid-Life African American Women Enrolled in Medical Homes" aims to document an improvement in hypertension and a reduction in unnecessary ER visits and hospitalizations related to hypertension in mid-life African American women who are impoverished and living in Washington, D.C., where the morbidity, mortality and disparity from hypertension are the highest in the nation, through an effective, community-based, culturally competent, curriculum-grounded support group.	\$179,726
Mallory Community Health Center in Lexington, MS	"Take Control of Your Health" aims to improve metabolic control, psychosocial outcomes and quality of life to reduce diabetes-related complications, such as cardiovascular disease, among Mississippians in Mallory Community Health Center's community by implementing an evidence-based community intervention to promote and teach people with diabetes to be active and eat healthy; daily monitoring; how to take medication, reduce risks and problem solve; and healthy coping habits for successful diabetes management.	\$180,000
Manna Ministries Inc. in Picayune, MS	"(MOVE) Minimizing Obesity Via Education, Encouragement, Exercise" aims to educate, engage and empower individuals and families in reaching healthier lifestyles for themselves and their communities, through support, encouragement and community collaborative, thereby reducing obesity in Mississippi one individual/family at a time.	\$179,570
Mercy Hospital Foundation Inc. in Buffalo, NY	"Heart Smart for Life" aims to improve the underlying causes of heart disease utilizing a multi-disciplinary team approach by providing screenings and cardiovascular health, nutrition and behavioral health education, and promoting exercise and appropriate use of medications through a mobile clinic and community center partners to help a very low-income, racially and ethnically diverse, underserved population overcome barriers to good health that exist in the community.	\$165,770
Mid Valley Family YMCA in Van Nuys, CA	"Activate Your Heart/Active Su Corazon" aims to reduce the risk of hypertension and cardiovascular disease for underserved, low-income adults in the San Fernando Valley and help them build and sustain habits for a healthy lifestyle, through the use of education based on the American Heart Association's <i>Empowered to Serve</i> curriculum, cooking demonstrations, grocery store tours, group exercise and clinical screenings.	\$167,032

West Virginia Health Right, Inc. in Charleston, WV	“SCALE (Sustainable Change and Lifestyle Enhancement)” aims to achieve sustained weight loss for 100 obese patients through personal coaching, group support, nutritional education, improved diet and regular exercise, to improve these at-risk patients’ health status and to reduce cardiovascular risk factors.	\$180,000
Westminster Free Clinic in Thousand Oaks, CA	“Corazones Sanos” aims to improve the health outcomes of low-income Latinos suffering from or at high risk of heart disease through culturally competent, patient-centered services and programs including: early detection through community health screenings; access to preventative care and medical specialists; healthy lifestyle support; one-on-one socio-emotional support; empowerment through improvement of food environments and leadership experiences for low-income, Latino high school interns serving as community health workers.	\$179,953
2016 Grant Award Total		\$1,758,349