

AstraZeneca HealthCare Foundation's

Connections for Cardiovascular HealthSM

2019 Foundation Grant Awardees

Recipient Organization	Program Description	Grant Amount
Asian Health Coalition in Chicago, IL	“CARDIO: Cardiovascular Awareness Recognizing Diet and Integration of exercise Options” aims to target preventable risk factors and reduce disparities in cardiovascular disease and diabetes comorbidities among Chicago’s South Asian communities utilizing innovative, community-clinic partnerships through culturally tailored screening, education, treatment and lifestyle support.	\$125,000
Catherine’s Health Center in Grand Rapids, MI	“Healthy Heart Team / Whole Hearts” aims to combine outreach, education and screening with team-based, patient-centered care and on-site counseling, treatment and support for underlying mental health issues to help low income, underserved individuals participate in health promotion/disease prevention activities to overcome complex obstacles and achieve better cardiovascular and overall health. Catherine’s Health Center will continue to serve as a mentor to two organizations.	\$50,000
Chesapeake Charities, Inc. in Stevensville, MD	“Partnering for Youth Cardio-Fit Project” aims to provide participants the opportunity to learn the value of a personal, lifelong commitment to fitness and nutrition by increasing their physical activity and knowledge of cardiovascular health, and to expand program results into other communities by mentoring youth programs interested in replicating the Cardio-Fit Project model.	\$50,000
Mallory Community Health Center in Lexington, MS	“Take Control of Your Health” aims to improve metabolic control, psychosocial outcomes and quality of life to reduce diabetes-related complications, such as cardiovascular disease, among Mississippians with an evidence-based community-based program that promotes and teaches people with diabetes to be active, eat healthy, conduct daily monitoring, take medication, reduce risks, problem solve and develop healthy coping habits for successful diabetes management.	\$50,000
Mercy Hospital Foundation Inc. in Buffalo, NY	“Heart Smart for Life” aims to improve the underlying causes of heart disease using a multi-disciplinary team approach by providing screenings, nutrition and behavioral health education, and promoting exercise and appropriate use of medications through both the center’s mobile clinic and community partners to assist a low-income, racially and ethnically diverse, underserved population overcome barriers to good health.	\$50,000
Sankofa Community Development Corporation in New Orleans, LA	“Healthy HeartBeats” aims to identify atherosclerotic cardiovascular disease risk and high blood pressure in individuals with the main goal of improving dietary intake of fruits and vegetables by strengthening awareness of cardiovascular health and ways to prevent and manage chronic diseases through community-based interventions.	\$50,000
Sisseton Wahpeton Oyate of the Lake Traverse Reservation in Agency Village, SD	“Sisseton-Wahpeton Oyate Connections for Cardiovascular Health - Heart of the Nation (HON)” aims to reduce the risks for cardiovascular morbidity and mortality through reservation-wide outreach, education and activities in a partnership campaign focused on the associated risk triad of obesity, diabetes and smoking and aligns with the Sisseton-Wahpeton Oyate Tribal Action Health Plan 2016-2020 and its established priority initiative, chronic disease prevention and management.	\$125,000

St. Mary's Health Wagon in Wise, VA	<p>"Expansion of Heart Health 1, 2, 3. Comprehensive Cardiovascular Disease Initiative for Diabetes Mellitus, Metabolic Syndrome and Obesity" aims to identify individuals with metabolic syndrome, diagnosed as dysmetabolic syndrome x, diabetes mellitus and nonalcoholic fatty liver disease (NAFLD), and correlate the risk for cardiovascular disease related to these afflictions, ultimately minimizing and preventing the risk of a cardiac event through the use of health education, screening, medication management and evidence-based practices such as the Centers for Disease Control and Prevention's Diabetes Prevention Program.</p>	\$50,000
University of Mississippi in Jackson, MS	<p>"Healthy Hearts in the Heart of the City" aims to improve identification and management of cardiovascular disease risk factors among vulnerable populations by providing screening, risk assessment, healthy lifestyle education, comprehensive medication management and linkage to care for program participants, with the goal of improving participant understanding of cardiovascular disease and modifiable risk factors, as well as establishing control of blood pressure, lipids, blood glucose and body mass index.</p>	\$125,000
West Virginia Health Right, Inc. in Charleston, WV	<p>"SCALE (Sustainable Changes and Lifestyle Enhancement)" aims to achieve sustained weight loss for 100 obese patients through personal coaching, group/peer support, nutritional education, improved diet and regular exercise to improve at-risk patients cardiovascular risk factors. West Virginia Health Right will continue to serve as a mentor to one organization.</p>	\$50,000
Westminster Free Clinic in Thousand Oaks, CA	<p>"Corazones Sanos (Healthy Hearts) Program" aims to provide indigent, underserved, low-income Latinos at risk for heart disease with volunteer-based heart health clinical and prevention services that support the whole person, are culturally competent, create healthy environments in communities of color and engage youth from the targeted communities in serving their families and neighbors.</p>	\$50,000
2019 Grant Award Total		\$775,000