

**AstraZeneca HealthCare Foundation's**  
*Connections for Cardiovascular Health<sup>SM</sup>*  
 2015 Foundation Grant Awardees

Recipient Organization	Program Description	Grant Amount
<b>Catherine's Health Center in Grand Rapids, MI</b>	"Healthy Heart Team" aims to improve the cardiac and overall health outcomes of complex patients with multiple co-morbidities by adapting Catherine's Health Center's organizational structure to provide team-based, patient-centered care in a safety-net setting by the implementation of a trained and certified RN/care manager who will direct and coordinate the efforts of a multidisciplinary care team.	\$167,383
<b>City Health Works in New York City, NY</b>	"Extending care for hypertension beyond the confines of the healthcare system via neighborhood-based coaching integrated with primary care" aims to improve hypertension control and reduce cardiovascular disease-related health disparities among minority, low-income populations through the provision of evidence-, home- or community-based health coaching (motivational interviewing and self-management skills focused on chronic disease, diet, physical activity, smoking cessation and medication adherence) that is tightly coordinated with primary care providers and links with social services.	\$178,809
<b>Drexel University, Stephen and Sandra Sheller 11th Street Family Health Services in Philadelphia, PA</b>	"R*Health: Building Resilience for Life-Long Health" aims to reduce cardiovascular disease risk among at-risk adolescents by combining resilience-building, nutrition education, cardiovascular disease education, exercise and a service-learning project to create a peer-collaborative learning community to decrease the impact of adverse childhood events by increasing: psychological resilience, knowledge of cardiovascular disease/risk factors, consumption of fruits and vegetables and improving physical activity levels.	\$179,974
<b>The Gaston &amp; Porter Health Improvement Center Inc. in Washington, D.C.</b>	"Prime Time Sister Circles® (PTSC): An Effective Intervention for Reducing Risk Factors for Cardiovascular Disease (CVD) in Mid-Life African American Women" aims to help mid-life African American women who are impoverished improve their physical and emotional health outcomes through an evidence-based, intensive, three-month, community-centered, curriculum-grounded support group that will: expand their knowledge of CVD; change attitudes; facilitate reductions in their blood pressure, weight and unmanaged stress; and help them prioritize their health, improve their nutrition and increase their physical activity.	\$179,726
<b>Mallory Community Health Center in Lexington, MS</b>	"Take Control of Your Health" aims to improve metabolic control, psychosocial outcomes and quality of life to reduce diabetes-related complications, such as cardiovascular disease, among Mississippians in Mallory Community Health Center's community by implementing an evidence-based community intervention to promote and teach people with diabetes how to be active, eat healthy, monitor themselves daily, take medication, reduce risks, problem-solve and develop healthy coping habits for successful diabetes management.	\$180,000
<b>Manna Ministries Inc. in Picayune, MS</b>	"Heart 2 Heart Initiative" aims to engage the community and collaborate in improving cardiovascular disease awareness, while improving the quality of care and patient education through community outreach in delivery of screening, patient education, treatment and heart-healthy lifestyle support and education to reduce cardiovascular disease in primarily uninsured and underserved populations.	\$180,000
<b>North Georgia HealthCare Center in Ringgold, GA</b>	"POWER (Patient Outreach with Educational Resources)" aims to provide testing and education to prevent, diagnose and treat diabetes, high blood pressure, obesity and heart disease among the most underserved and vulnerable residents in North Georgia HealthCare Center's area, giving them the opportunity to make better health choices while breaking down transportation and economic barriers by bringing these free services directly to them in their own community environment through on-site services.	\$179,200

<b>St. Mary's Health Wagon in Wise, VA</b>	"Heart Health 1, 2, 3. Comprehensive Cardiovascular Disease Initiative for Diabetes Mellitus, Metabolic Syndrome and Obesity" aims to identify, minimize and prevent cardiovascular disease in individuals with metabolic syndrome, diagnosed as dysmetabolic syndrome x, diabetes mellitus and nonalcoholic fatty liver disease (NAFLD) through the use of health education, screening and medication management, using a holistic medical approach and evidenced-based practices.	\$180,000
<b>West Virginia Health Right, Inc. in Charleston, WV</b>	"SCALE (Sustainable Changes and Lifestyle Enhancement)" aims to achieve, through personal coaching, group support, nutritional education, improved diet and regular exercise, sustained weight loss in 100 obese patients to improve their health status and reduce cardiovascular risk factors.	\$179,686
<b>Westminster Free Clinic in Thousand Oaks, CA</b>	"Corazones Sanos (Healthy Hearts) Program" aims to improve the health outcomes of low-income, uninsured Latinos suffering from or at high risk of heart disease and/or diabetes through the provision of culturally competent, patient-centered services including: early detection through outreach and health screenings; access to preventative care and medical specialists; healthy lifestyle support, such as cooking demonstrations and physical activity; and empowerment through improvement of eating/exercising environments.	\$179,945
<b>YMCA of Metropolitan Los Angeles – Mid Valley Family YMCA in Van Nuys, CA</b>	"Activate Your Heart/Active Su Corazon" aims to, through education based on the American Heart Association curriculum "Empowered to Serve," cooking demonstrations, grocery store tours, group exercise and screenings, reduce the risk of hypertension and cardiovascular disease through a free, eight-week program targeting underserved, low-income adults in the San Fernando Valley and helping them build and sustain habits for a healthy lifestyle.	\$158,566
<b>2015 Grant Award Total</b>		<b>\$1,943,289</b>