

**AstraZeneca HealthCare Foundation's**  
*Connections for Cardiovascular Health<sup>SM</sup>*  
 2012 Foundation Grant Awardees

<b>Recipient Organization</b>	<b>Program Description</b>	<b>Grant Amount</b>
<b>Allegiance Health Foundation in Jackson, MI</b>	"Health Improvement Organization Community Hearts" aims to identify cardiovascular risk among uninsured/underinsured workers and provide them with navigation and resources to assist in risk reduction, health education, and skill-building around healthy lifestyles and disease management.	\$155,000
<b>Catherine's Health Center in Grand Rapids, MI</b>	"Live Heart Smart" aims to help low-income, medically underserved residents of the community become aware of their personal risk factors for cardiovascular disease and help them identify and implement lifestyle changes that will help them to get and remain healthy.	\$161,950
<b>Christiana Care Health System in Wilmington, DE</b>	"Cardiovascular Outreach Prevention Program (C.O.P.P.)" aims to engage teens and increase their knowledge/confidence in their ability to make healthy lifestyle changes and connect with community-based resources as well as teach them skills to improve the heart health and weight management of their mother or another important adult female in their life.	\$195,809
<b>Cornell Cooperative Extension Association of Schenectady County in Schenectady, NY</b>	"Health Shares: Doctors Prescribing Healthy Local Produce to At-Risk, Low Income Families" aims to reduce complications from cardiovascular disease and other chronic diseases through an innovative community partnership that improves nutrition by prescribing fresh vegetables for high-risk, low-income patients at an urban family health center.	\$189,500
<b>Cornerstone Assistance Network in Fort Worth, TX</b>	"Cardio CAN Outreach Year 2 & 3" aims to be the "go-to" place for uninsured and low-income families to receive life-changing interventions to help them become independent and have a better, healthier life.	\$191,955
<b>Dr. Arenia C. Mallory Community Health Center, Inc. in Lexington, MS</b>	"Dr. Martha W. Davis Healthy Families Movement Program" aims to reduce the risk of heart disease among low-income, African American women in the MCHC community by implementing a comprehensive cardiovascular wellness program that includes medical, nutritional, fitness, and behavior counseling with a targeted stress management and lifestyle change intervention while also providing enjoyable and engaging community-based interventions for women to become physically active, make healthier food choices, cultivate support, and lose weight.	\$250,000
<b>Elkhorn Logan Valley Public Health Department (ELVPHD) in Wisner, NE</b>	"Operation Heart to Heart" aims to reduce the incidence of cardiovascular disease and increase health screening opportunities among agricultural laborers in Burt, Cuming, Stanton, and Madison Counties in Nebraska by providing innovative cardiovascular health screening opportunities, ongoing case management and tracking, and heart health education.	\$250,000
<b>Flagstaff Medical Center in Flagstaff, AZ</b>	"Northern Arizona Diabetes - Heart Connection, Year 2" aims to reduce morbidity/mortality rates and to improve wellness/overall health by identifying, screening, and educating community members at risk for diabetes and cardiovascular disease.	\$158,160
<b>Foundation for Community Partnerships in Chester, MD</b>	"Partnering for Youth Cardio-Fit Project" aims to teach C-FP participants, based on the science supporting cardiovascular health, the value of a personal, lifelong commitment to fitness and nutrition via the PFY After School Program by increasing students' physical activity and knowledge of cardiovascular health and providing opportunities to monitor and sustain personal well-being practices through intense training activities in fitness, nutrition, and communications.	\$253,297
<b>Gulf Coast Health Educators in Pass Christian, MS</b>	"Chronic Disease Management and Prevention Program (CDMP)" aims to prevent and/or manage chronic diseases associated with obesity and diabetes by promoting healthy lifestyles among uninsured, under-served, highly vulnerable populations living in the Mississippi Gulf Coast counties of Hancock, Harrison, and Jackson.	\$187,653
<b>KENTUCKY DEPT FOR PUBLIC HEALTH - Ashland-Boyd County Health Department in Ashland, KY</b>	"Appalachian Partnership for Positive Living and Eating (A.P.P.L.E.)" aims to promote healthy childhood and youth development and control overweight and obesity among 500 children and their caregivers through a voluntary, community-based obesity case-management program in Boyd County, KY.	\$210,000

<b>Matthew Walker Comprehensive Health Center in Nashville, TN</b>	“Dial Down Diabetes” aims to develop a comprehensive community-based program for low-income adults with diagnosed diabetes, undiagnosed diabetes, or prediabetes to enable patients to "dial down" the impact that diabetes has in their lives.	\$173,700
<b>MedStar Washington Hospital Center Foundation in Washington, DC</b>	“Hair, Heart and Health: Barbershops as a Venue for Engaging Underserved Communities in Healthy Lifestyles and CVD Prevention” aims to identify, educate, and provide health system navigation services to barbershop patrons with unrecognized and/or uncontrolled hypertension (HT) and/or diabetes mellitus (DM) with the goal of improving cardiovascular disease and DM outcomes of the barbershop clients, including demonstration of improvement in the proportion of participants with controlled systolic BP and A1C and reduction in Emergency Department visits for acute care.	\$256,460
<b>Palmetto Project in Mt. Pleasant, SC</b>	“Heart & Soul” aims to improve, in sustainable ways, clinical indicators for metabolic syndrome among food bank clients at greatest risk of cardiovascular disease and stroke and create a Program Model replicable at most of the 1,755 food distribution sites in South Carolina.	\$215,510
<b>Saint Agnes Hospital Foundation, Inc. in Baltimore, MD</b>	“Heart-to-Heart” aims to identify and assess underserved, low-income African-American women at high risk for cardiovascular disease and provide a community-based church intervention program including nutrition, physical activity, and healthy lifestyle education to reduce their risk for heart disease as measured by clinically significant improvements in laboratory and cardiovascular disease risk profiles at 4 and 10 month intervals after program initiation.	\$244,455
<b>Sankofa Community Development Corporation in New Orleans, LA</b>	“Sankofa HEAL Project” aims to teach high-school age youth and their families about the health benefits of eating fresh fruits and vegetables and associated risk reduction for cardiovascular disease and chronic illnesses with education about heart healthy lifestyles, nutrition, techniques for growing fruits and vegetables, and leadership skills.	\$150,000
<b>St. Mary's Health Wagon in Clintwood, VA</b>	“Appalachian Healthy Heart Initiative” aims to improve quality of care through prevention, detection, and treatment of heart disease and reduce cardiovascular health disparities for those who are uninsured and under-insured in the Appalachian Mountains of Southwest Virginia through both primary and preventive care initiatives, outreach programs, health promotion activities and screenings, culturally appropriate education with a focus on risk factor reduction, and engagement of the community through awareness.	\$239,500
<b>Sustainable Food Center in Austin, TX</b>	“Sustainable Food Center Cultivating Healthy Communities” aims to promote cardiovascular health, sustainable foods, healthy nutrition, and the prevention of obesity in children and families living in economically disadvantaged neighborhoods where residents lack access to affordable, healthy foods, nutrition literacy, and information about healthy, local foods.	\$197,772
<b>University of Miami Miller School of Medicine in Miami, FL</b>	“Healthy Living for Better Days” aims to combine an exercise program and healthy eating education into a community program for improving overall and cardiovascular health status among low socioeconomic status (SES) persons living with HIV/AIDS.	\$223,738
<b>Weill Cornell Medical College in New York, NY</b>	“The Weill Cornell Heart to Heart Community Outreach Campaign” aims to through a large cadre of volunteer students (medical, nursing, physician's assistant), volunteer attending physicians, and strong community partnerships (churches, mosques, community centers, NY State Senators, NYC DOH), screen uninsured, underserved, at-risk communities for cardiovascular disease and diabetes using point-of-care testing devices and empower participants to lead healthier lives while transitioning the neediest into permanent healthcare solutions.	\$181,895
<b>West Virginia Health Right, Inc. in Charleston, WV</b>	“Pathways to Cardiovascular Health” aims to improve the health status of its patients at risk for cardiovascular disease through sustainable lifestyle changes coupled with continuity of medical care and treatment.	\$185,025
<b>Whittier Street Health Center in Roxbury, MA</b>	“The Connections for Cardiovascular Care” aims to improve access to cardiovascular education, screenings, and care through community-based interventions for African American and Latino residents of Boston.	\$150,000
<b>2012 Grant Award Total</b>		<b>\$4,421,379</b>