

**AstraZeneca HealthCare Foundation's**  
*Connections for Cardiovascular Health<sup>SM</sup>*  
 2011 Foundation Grant Awardees

Recipient Organization	Program Description	Grant Amount
<b>Allegiance Health Foundation in Jackson, MI</b>	"Health Improvement Organization (HIO)/ Community Hearts Project" aims to reduce cardiovascular risk factors of low-income, underinsured adults through integrating a health management component into the Project Access system of donated care for uninsured workers in Jackson County.	\$150,000
<b>Cary Medical Center in Caribou, ME</b>	"Healthy Hearts – Healthy Community" is aimed at low-income families in rural areas. The program intends to reduce incidence of cardiovascular-related morbidity, mortality, and cost burden and to increase quality of life while creating and promoting the identity of northern Maine as a dedicated model for improved cardiovascular health and disease outcomes.	\$276,212
<b>Center for Black Women's Wellness, Inc. in Atlanta, GA</b>	"Healthy Women 4 Healthy Families" aims to reduce the incidence of cardiovascular disease and its associated risks among underserved, low-income African American women who have borderline high level of cholesterol, have a family history of early heart disease, or who are overweight/obese by increasing their access to innovative and culturally effective interventions related to nutrition, weight and stress management, thereby improving health outcomes.	\$157,698
<b>Christiana Care Health System in Wilmington, DE</b>	The "Cardiovascular Outreach Prevention Program" is aimed at underserved, low-income African American teens and adult women. The program intends to engage teens to increase their knowledge/confidence in their ability to make healthy lifestyle changes as well as to teach them skills to improve the heart health of their mother or another important adult female in their life.	\$152,654
<b>Cornerstone Assistance Network in Fort Worth, TX</b>	"Cardio (CAN) Outreach" is aimed at underserved, low-income ethnic minorities. The program intends to continue to include patients from its partner organizations, now extending to a 5 mile radius of its location, which will increase the ethnic focus to include African Americans, additional Hispanics and Whites, increase capacity, and provide sustainable comprehensive cardiac care to the poor and uninsured.	\$150,000
<b>El Buen Samaritano Episcopal Mission in Austin, TX</b>	"El Corazón da la Familia (Heart of the Family)" is aimed at low-income Latino families and intends to integrate the various El Buen Samaritano cardiovascular health service components into a seamless and comprehensive pathway of family-focused heart health, comprehensively addressing cultural, medical, fitness, diet, and education/outreach activities.	\$250,000
<b>Family Focus in Chicago, IL</b>	"Healthy Hearts & Families" is aimed at underserved, low-income African American and Latino families. The program intends to decrease the risk of cardiovascular disease in target populations by bridging the gap between existing services and families in need through health education and connections to health care providers.	\$295,000
<b>Flagstaff Medical Center in Flagstaff, AZ</b>	"Northern Arizona Diabetes – Heart Connection" is aimed at underserved, low-income Native Americans and intends to reduce morbidity/mortality rates and to improve wellness/overall health by identifying, screening, and educating community members at risk for diabetes and cardiovascular disease.	\$167,400
<b>Florida Hospital Heartland Medical Center in Sebring, FL</b>	"Creating Healthier Hearts" aims to reduce cardiovascular disease in Hardee County by offering free heart health education and cardiac health screenings to all low-income and underserved Hispanic and Latino residents.	\$164,130
<b>Foundation for Community Partnerships in Centreville, MD</b>	The "Partnering for Youth Cardio-Fit Project" is aimed at rural middle school children and their families. Based on the science supporting cardiovascular health, program participants will learn the value of a personal, lifelong commitment to fitness and nutrition via the Partnering for Youth After School Program by increasing physical activity and knowledge of cardiovascular health and providing opportunities to monitor and sustain personal wellbeing practices through intense training activities in fitness, nutrition, and communications.	\$192,855

<b>Gulf Coast Educators in Pass Christian, MS</b>	The "Chronic Disease Management and Prevention Program" aims to prevent and/or manage chronic diseases associated with obesity and diabetes by promoting healthy lifestyles among uninsured, underserved, highly vulnerable populations living in the Mississippi Gulf Coast counties of Hancock, Harrison, and Jackson.	\$191,272
<b>Mallory Community Health Center in Lexington, MS</b>	The "Dr. Martha W. Davis Healthy Families Movement Program" aims to reduce the risk of heart disease among low-income, African American women of childbearing age in Mallory Community Health Center's community by implementing a comprehensive cardiovascular wellness program that combines medical, nutritional, and fitness counseling with a targeted stress management intervention while also providing an array of enjoyable and engaging community-based opportunities for women to exercise, eat healthy, cultivate social support, and lose weight.	\$190,680
<b>Matthew Walker Comprehensive Health Center in Nashville, TN</b>	"Dial Down Diabetes" is aimed at African American and Latino women and intends to develop a comprehensive community-based program for low-income adults with diagnosed diabetes, undiagnosed diabetes, or prediabetes. The program aims to enable patients to "dial down" the impact that diabetes has in their lives.	\$165,864
<b>Sankofa Community Development Corp. in New Orleans, LA</b>	The "Sankofa CDC Garden, Nutrition, and Health Education Project" aims to teach African American youth and their families about the health benefits of eating fresh fruits and vegetables and associated risk reduction for overweight/obesity, hypertension, cardiovascular disease, type 2 diabetes, and related disorders. Heart health and nutrition education will be provided to children and youth through development of a school education garden, active participation in a farmers market, and specific garden curriculum with integrated nutrition education.	\$150,000
<b>St. Mary's Health Wagon in Clintwood, VA</b>	"The Health Wagon" aims to reduce cardiovascular health disparities, targeting adults who are uninsured and underinsured with limited access to health care in the Appalachian Mountains of Southwest Virginia via implementation of targeted interventions that focus on early detection, prevention, education, and improving access to best practices and protocols through e-health initiatives.	\$155,300
<b>Sustainable Food Center in Austin, TX</b>	"Sprouting Healthy Kids/Cultivating Healthy Communities" is aimed at low-income African Americans and Hispanics. The program intends to promote cardiovascular health, sustainable foods, healthy nutrition, and the prevention of obesity in children and families living in economically disadvantaged neighborhoods where residents lack access to affordable, healthy foods, nutrition literacy, and information about healthy, local foods.	\$202,565
<b>The Regents of the University of Michigan in Ann Arbor, MI</b>	"Project Healthy Schools" (PHS) expansion efforts are aimed towards serving low-income, underserved African American middle school students in Detroit, MI. PHS intends to improve the health of adolescents at a critical point in forming lifelong health behaviors in a school-based program that will support healthy children and families. Engaging in each middle school, the project co-creates and implements a program aimed squarely at food choice and exercise programming for adolescents. It engages with teachers, school employees, and families in ways that provide for longer-term sustainability and impact.	\$173,113
<b>Visión y Compromiso in El Cerrito, CA</b>	"Healthy Families, Healthy Hearts" aims to use the Salsa, Sabor y Salud research-based curriculum developed by the National Latino Children's Institute to improve awareness of heart healthy habits leading to better nutrition, increased physical activity, and reduced stress for low-income, underserved Latino families in the Los Angeles, San Bernardino, and Riverside counties.	\$153,600
<b>West Virginia Healthright in Charleston, WV</b>	"Pathways to Cardiovascular Health" aims to improve the health status of 500 impoverished uninsured patients through clinical intervention and improved self-management.	\$185,025
<b>Whittier Street Health Center in Roxbury, MA</b>	"Cardiovascular Community Health Ambassador" will improve access to cardiovascular education, screenings and care through community based interventions to address disparities in cardiovascular disease outcomes among African American and Latino residents of Boston.	\$159,574
<b>2011 Grant Award Total</b>		<b>\$3,682,942</b>